

General rules and regulations of Goal Arena Football League

1. Registration of teams & players

- i. Each player cannot represent/play for other than their registered team in the league.
- ii. All social player are eligible to participate except for Singapore national team, S-League and prime league registered players. Strongly encourage only social footballers to take part. Players must be at least 16 years old (base on Date of Birth) to take part in any games.
- iii. The team manager will be allowed to play only if he is registered as a player.
- iv. The team shall comprise of a manager, team captain and a minimum of 14 players. Teams may register as many players as required during the season through footballpod.com.
- v. Each team must have a proper set of jersey with numbers. Individual player must have their own jersey number and no rotation is allowed.
- vi. Each team will have to pay a registration fee of \$100 per season and a deposit of \$200 to be refunded as last two games of the league. This is to ensure all teams complete the league with sportsmanship. Any teams that withdraw from the league will have the deposit forfeited and no compensation will be entertained.
- vii. Fees per match will be \$100 inclusive of field and referee.
- viii. GA sports club has the right to reject any applicant without giving any explanation.

2. League fixtures and venue

- i. Majority of venue to be at respective area of division.
- ii. Fixtures are planned by the organizing committee and teams do not have the choice to select venue and timing.
- iii. Once the league commence, teams that wished to postpone the following week game have to inform the organizing committee latest by Sunday 8pm. Teams that fail to do so will be subject to a charge of \$100 and 1 point deduction from league table. The match may be considered a walkover and opposition team will be awarded a 3-0 win. The revised fixture list will be up latest by Monday 8pm.
- iv. Each team is only allowed to postpone 3 games per season. Any additional postponement, team will be charged \$50 for both administration fee and also to avoid disappointment to opposition team.
- v. Fixtures will be released two weeks in advance. Team managers, players, supporters are encouraged to visit the website for updates.
- vi. Organizing committee reserve the rights to make changes to fixtures especially for early completion of league.

3. League rules

- i. League games shall be played 40 minutes + injury time per half with a 15 minutes interval in between.
- ii. Teams that field an unregistered or ineligible player will award the opposition 3-0 or higher goal difference of the final result.
- iii. During each match, teams can substitute a total of nine players (rolling) and unlimited substitutions at half time. All substitutions must be acknowledged and given permission by the referee.
- iv. No match shall commence unless there is a minimum number of 8 players starting in each team. If the stated numbers of players are not present at the end of the grace period (20 minutes), the team shall be considered walkover and awarding the opposition with 3-0. Such team shall bear the cost of \$200 and 1 point deduction from league table.
- v. If a team ends with seven players or less due to red card or injuries, the game will be stopped and awarded 3-0 to the opposition or any higher goal difference at the point of game.
- vi. In the event of bad weather, fixture will carry on unless cancelled by the organizing committee. Cancellation of fixture will be communicated to all affected team managers through SMS 60 minutes before game timing
- vii. If both team managers has come to an agreement that the pitch is not in playable conditions due to bad weather, the game can be stopped at any time else referee will decide.
- viii. Teams are advised to inform the referee, if there are signs of lightning. Referee will stop the match immediately. The game may restart provided both teams manager and referee agrees that game is safe to carry on.
- ix. If games are abandoned due to acceptable reasons e.g. lighting, poor field conditions, both teams will be charged at \$50 each and the game will be re-played fully regardless of the score and time of which the game is stopped.
- x. If any match is abandoned due to players fighting, the organizing committee will assess the situation with the referee and teams' report. The game will be awarded to the non-guilty team with a 3-0 win. If both teams are found guilty, the game will be shown as played but the result will be considered void and no points will be awarded to both teams. Teams found guilty of being in any violent situation will be deducted 1 point and are still required to pay for the game. GA Sports Club will not hesitate to expel teams who are frequently involved in fights.
- xi. Players that receive a red card will be banned for the next game. Any team caught playing suspended player will award the opposition 3-0 or higher goal difference of the final result and 1 point deduction from league table.

- xii. Any withdrawal of teams from Goal Arena Football League the existing results will be void if the team played less than 50% of league games. As for teams that played 50% or more, 3 point and 3 goals shall be awarded to the remaining opponents.
- xiii. Teams that are uncooperative with the organizing committee will be asked to leave the league. Deposit will be forfeited and no compensation from GA Sports Club.
- xiv. The referee's decisions during the game are final. GA Sports Club will not accept any portrayal of rudeness at referees. Referees are instructed to send off players or spectators if such incidents happened. Please contact us if you have any complains on referees.
- xv. If the above rules do not cover any specific situation, the organizing committee will make a decision on a case to case basis.

4. League format

- i. Each team will be playing 2 ties against the rest of teams in the league.
- ii. Three points shall be awarded for a win, one point for a draw and none for losing team.
- iii. Final league standing will be base on the following:
 - i. The team with the highest points will be the champion followed by runners up and second runner up. If no. of points is at tie, the team with a larger goal difference will decide the winner. If still tied, head to head results in the league will decide. A playoff game will be played if all above mention happened.

5. Fair play format

- i. 3 points for red card and a point for yellow card.
- ii. Any teams that accumulate more than 18 points (applicable for red or yellow card only) will have a point deducted from the league table. (Not applicable for Goal Arena Football League 2010 Sunday AM Category, Northern Division as this new rule was implemented only after season kick off)
- iii. Each team is only allowed to postpone 3 games per season. Any additional postponement of games will contribute 3 points to fair play standing.
- iv. To be eligible for fair play award, the team must complete all of the league matches without any penalty deduction of point from league table.
- v. Final fair play standing will be base on the following:
 - i. The team with the least points will be Gold fair play award winner followed by Silver and Bronze. If no. of points is at tie, the team with least red cards will be the winner. If still tied, the team that conceded the least number of goals to be in advantage. A playoff game will be played if all above mention happened.

6. Team Manager and Captain responsibility

- i. Visit our website regularly for updates on fixtures, league table and scores.
- ii. Before the kickoff, pay the match fees to the referee.
- iii. Responsible for the conduct of their players and supporters
- iv. Ensure all players are registered and eligible for the competition. GA Sports Club may conduct random checks.
- v. Ensure sufficient players, conduct warm up session and most importantly be ready 15 minutes before kickoff time.
- vi. Ensure players wear shin guards for all matches.
- vii. Bring at least 2 soccer ball.
- viii. Submit match report details as mention below.
You may submit through email or SMS within 48 hours after the game.
 - i. Referee rating (very poor, poor, acceptable, good, very good)
 - ii. Pitch rating (very poor, poor, acceptable, good, very good)
 - iii. Red card recipient's jersey number and name.
- ix. Team managers and captains shall be the only point of contact to the organizing committee. GA Sports Club will not entertain any complaints from players.

7. First aid and medical coverage

- i. GA Sports Club will not be liable for any injury, loss, death or other damages incurred to the team or their players. All participating team shall be responsible for their first aid and medical coverage.
- ii. All team managers are fully aware and agree that no medical staff and insurance coverage will be provided at all competition organized by GA Sports club.

8. Supplementary rules

- i. No refunds shall be made to any individual or team in the event of walkover, disqualifications or withdrawal from tournament.
- ii. If there is a clash of jersey colors and both teams does not have a second choice jersey, the team listed second in the fixture will have to wear bips provided by GA Sports Club.
- iii. The rules and regulations as depicted are current at the time of printing. GA Sports Club reserves the rights to add, delete and change the said rules and regulations at anytime without informing.

GA Sports Club reserves the right to change the rules and regulations from time-to-time and may do so at our own discretion and without informing any parties beforehand.