

Standard Rules and Regulations of Goal Arena Football League

1. Registration of teams & players

- i. All social player are eligible to participate except for Singapore national team, S-League and prime league registered players. Only social footballers are strongly encouraged to take part.
- ii. Players must be at least 16 years old and above (base on Date of Birth on date of registration) to take part in any games.
- iii. Each player cannot represent/play for teams other than their registered team in the same league category.
 - i. A player can only be transferred once per season. For example, Player Z plays for Team A and now he wishes to represent Team B. This particular player cannot represent any other teams in the league category until the season ends. Team B manager must notify organizing committee for such request and Team A manager will be informed accordingly by the committee.
- iv. The team manager will be allowed to play only if he is registered as a player.
- v. The team shall comprise of a manager, team captain and a minimum of 14 players. Teams may register as many players as required during the season through footballpod.com.
- vi. Each team must have a proper set of jersey with numbers. Individual player must have their own jersey number and no rotation is allowed.
- vii. Each team will have to pay a registration fee of \$100 per season and a deposit of \$200 to be refunded as last two games of the league. This is to ensure all teams complete the league with sportsmanship. Any teams that withdraw from the league will have the deposit forfeited. No compensation of paid amount will be entertained.
- viii. Match fees will be \$100 inclusive of field and referee.
- ix. GA Sports Club reserves the right to reject any applicant without giving any explanation.

2. League fixtures and venue

- i. Majority of venue to be at respective area of division. Match venue for Premier Division games will be island wide.
- ii. The organizing committee reserves the right to plan fixtures, venue and match time.
- iii. Upon commencement of the league, teams that wish to postpone their game to the following week game have to inform the organizing committee one week in advance (latest by Sunday 8pm). Teams that fail to do so will be subject to a charge of \$100 and 1 point deduction from the league table. The match may be considered a walkover and opposition team will be awarded a 3-0 win. The revised fixture list will be up latest by Monday 8pm.
- iv. Each team is only allowed to postpone 2 league games per season. Any additional postponement of games will be charged at \$100. The game will be considered a walk over and opposition team will be awarded a 3-0 win.
- v. Fixtures will be released two weeks in advance. Team managers, players, supporters are encouraged to visit the website for updates.
- vi. The organizing committee reserves the rights to make changes to fixtures especially for early completion of league.

3. League rules

- i. League games shall be played 40 minutes + injury time per half with a 10 minutes interval in between.
- ii. Teams that field an unregistered or ineligible player will be penalized. The game will be considered a 3-0 score line to the opposition or higher goal difference of the final result.
- iii. During each match, teams can substitute a total of nine players (rolling) and unlimited substitutions at half time. All substitutions must be acknowledged and given permission by the referee.
- iv. No match shall commence unless there is a minimum number of 8 players starting in each team (ready for kick off with boots and attire). If the stated numbers of players are not present at the end of the grace period (20 minutes as per iPhone time), the team shall be considered walkover and the opposition will be awarded with 3-0 score. The organizing committee will leave the decision to the match referee to decide should a team request a walkover win because the opponent breached the punctuality rule. Such team shall bear the cost of \$200 and 1 point deduction from league table.
- v. If a team ends with seven players or less due to red card or injuries, the game will be stopped and awarded 3-0 to the opposition or any higher goal difference at the point of game.
- vi. In the event of bad weather, fixture will carry on unless cancelled by the organizing committee. Cancellation of fixture will be communicated to all affected team managers through SMS 60 minutes before.
- vii. If both team managers has come to an agreement that the game is not in playable conditions due to bad weather, the game can be stopped at any time else referee will decide. Teams that fail to comply with referee's decision may be subjected to organizing committee disciplinary actions.
- viii. Teams are to advice the match referee, if there are signs of lightning. Referee will stop the match immediately. The game may restart provided both teams manager and referee agrees that game is safe to carry on.
- ix. If games are abandoned due to acceptable reasons e.g. lighting, poor field conditions, both teams will be charged at \$50 each and the game will be re-played fully regardless of the score and time of which the game is stopped.
- x. If any match is abandoned due to players fighting, the organizing committee will assess the situation with the referee and teams' report. The game will be awarded to the non-guilty team with a 3-0 win. If both teams are found guilty, the game will be shown as played but the result will be considered void and no points will be awarded to both teams. Teams found guilty of being in any violent situation will be deducted 1 point and are still required to pay for the game. GA Sports Club will not hesitate to expel teams who are frequently involved in fights.
- xi. Players that receive a red card will be banned for the next league game. Any team caught playing suspended player will award the opposition 3-0 or higher goal difference of the final result and 1 point deduction from league table.
- xii. Any withdrawal of teams from Goal Arena Football League, the following rules applied:

- i. If the withdrawing team has yet to meet all teams in the league for the first leg, all previous matches played with other teams will be considered null and void, and the results will be removed from the table standings.
 - ii. If the withdrawal team has played every team in the division at least once before, the results for the 1st leg will stand, while the 2nd leg result (for those teams who have already played the withdrawal team twice), will be considered null and void, and removed from the table standings.
- xiii. Teams that are uncooperative with the organizing committee will be asked to leave the league. Deposit will be forfeited and no compensation from GA Sports Club.
- xiv. The referee's decisions during the game are final. GA Sports Club will not accept any portrayal of rudeness towards referees. Referees are instructed to send off players or spectators if such incidents happened. Please contact us if you have any complains on referees.
- xv. If the above rules do not cover any specific situation, the organizing committee will make a decision on a case to case basis.

4. League format

- i. Each team will be playing 2 ties against the rest of teams in the league.
- ii. Three points shall be awarded for a win, one point for a draw and none for losing team.
- iii. Prizes such as free league games will be used in the following season.
- iv. Final league standing will be base on the following:
 - i. The team with the highest points will be the champion followed by runners up and second runner up. If no. of points is at tie, the team with a larger goal difference will decide. Followed by the team with higher goal scoring will decide the winner. If still tied, head to head results in the league will decide. A playoff game will be played if all above mention happened.
 - ii. The respective Champions of Northern, Western and Eastern Division will be promoted to the Premier division in the new season. The bottom three placing of the Premier division will be relegated to the team's respective division.

5. League Fair play format

- i. 3 points for red card and 1 point for yellow card.
- ii. For every 18 points accumulated in the Fair Play table, teams are subjected to a 1 point deduction from the league table.
- iii. To be eligible for fair play award, the team must complete all of the league matches without being walkover-ed and/or any penalty deduction of point from league table.
- iv. Prizes of free league game will be used in the following season.
- v. Final fair play standing will be base on the following:
 - i. The team with the least points will be named Fair Play Award winner. If no. of points is at tie, the team with least red cards will be the winner. If still tied, the team that conceded the least number of goals to be in advantage. A playoff game will be played if all above mention happened.

6. Golden boot format (For league only)

- i. For each league game, team managers and captains are to submit the goal scorers through footballpod.com within 72 hours from full-time. Reports submitted exceeding the time limit will be considered invalid. The organizing committee will tally the teams' report with the referee's report.
- ii. At the end of the season, if there are two or more players with the equal amount of most goals scored, the sports voucher worth \$50 will be divided accordingly.

7. Challenge Cup fixtures and venue

- i. Challenge Cup fixtures will be played Island wide. Teams are expected to travel to all arranged match venues.
- ii. Fixtures are planned by the organizing committee and teams do not have the choice to select venue and timing.
- iii. No postponement will be allowed for Challenge Cup. All teams are encouraged to refer to league schedule guide and highlight these important dates to all players. Teams that postpone would be considered walk over and fined \$100 per game. The opposition team will be awarded a 3-0 win.
- iv. Organizing committee reserves the rights to make changes to fixtures including early completion of Challenge Cup.

8. Challenge Cup rules

- i. Challenge cup games shall be played 40 minutes + injury time per half with a 10 minutes interval in between.
 - i. Group stage - The team with the highest points will be the group winner followed by runners up. If no. of points is at tie, the team with a larger goal difference will decide. Follow by the team with higher goal scoring will decide the winner. If still tied, head to head results in the Group will decide. A playoff game will be played if all above mention happened.
 - ii. From knock out stages (Round of 16) onwards, if score is tie at full time, penalty kick will take place. Best of 3 penalty kicks per team and if still tied, sudden death penalty kick to determine the winner.
- ii. Teams that field an unregistered or ineligible player will award the opposition 3-0 or higher goal difference of the final result.
- iii. During each match, teams are allowed to substitute a total of nine players (rolling) and unlimited substitutions at half time. All substitutions must be acknowledged and given permission by the referee.
- iv. No match shall commence unless there is a minimum number of 8 players starting in each team. If the stated numbers of players are not present at the end of the grace period (20 minutes), the team shall be considered walkover and awarding the opposition with 3-0. Such team shall bear the cost of \$200.
- v. If a team ends with seven players or less due to red card or injuries, the game will be stopped the opposition will be awarded 3-0 or any higher goal difference at the point of game.
- vi. In the event of bad weather, fixture will carry on unless cancelled by the organizing committee. Cancellation of fixture will be communicated to all affected team managers through SMS 60 minutes before game timing
- vii. If both team managers has come to an agreement that the pitch is not in playable conditions due to bad weather, the game can be stopped at any time else referee will decide.

- viii. Teams are to advise the referee, if there are signs of lightning. Referee will stop the match immediately. The game may restart provided both teams manager and referee agrees that game is safe to carry on.
- ix. If games are abandoned due to acceptable reasons e.g. lighting, poor field conditions, both teams will be charged at \$50 each and the game will be re-played fully regardless of the score and time of which the game is stopped.
- x. If any match is abandoned due to players fighting, the organizing committee will assess the situation with the referee and teams' report. The game will be awarded to the non-guilty team with a 3-0 win. If both teams are found guilty, will be expelled from the Challenge Cup. Teams found guilty of being in any violent situation are still required to pay for the game. GA Sports Club will not hesitate to expel teams who are frequently involved in fights.
- xi. Players that receive a red card will be banned for the next Challenge Cup game. Any team caught playing suspended player will award the opposition 3-0 or higher goal difference of the final result.
- xii. Any withdrawal of teams from Goal Arena Challenge Cup, the opposition team of remaining games will be awarded with a 3-0 win.
- xiii. Teams that are uncooperative with the organizing committee will be asked to leave the Challenge Cup.
- xiv. The referee's decisions during the game are final. GA Sports Club will not accept any portrayal of rudeness at referees. Referees are instructed to send off players or spectators if such incidents happened. Please contact us if you have any complains on referees.
- xv. If the above rules do not cover any specific situation, the organizing committee will make a decision on a case to case basis.

9. Team Manager and Assistant Team Manager responsibility

- i. Visit our website regularly for updates on fixtures, league table and scores.
- ii. Make payment of match fees to referee before kickoff.
- iii. All outstanding payment must be cleared within 3 days after game. Teams that failed to do so may subject to 1 point deduction from league table or league expulsion.
- iv. Responsible for the conduct of their players and supporters
- v. Ensure all players are registered and eligible for the competition. GA Sports Club may conduct random checks.
- vi. Ensure sufficient players, conduct warm up session and most importantly be ready 15 minutes before kickoff time.
- vii. Ensure players wear shin guards for all matches.
- viii. Several teams fail to follow the jersey color assigned through website and SMS notification. Unfortunately, there are cases where jersey colors clashed because both teams assume that the opponent will keep to the assigned jersey color. The Organizing Committees have to personally deliver GAFL bibs to the field before the game can kickoff.
- ix. All teams must keep to the jersey color assigned, should there be feedback that either team failed to keep to its jersey color as per website or SMS, penalty of 1 league point will be deducted from league table. Teams can request for change of jersey color, subject only to the approval of organizing committee. Outcome of decision will be through SMS notification to all teams involved.
- x. Bring at least 2 decent soccer balls & an air pump, teams that failed to do so may subject to 1 point deduction from league table.
 - i. For each league game, the organizing committee expects each team to bring 2 decent quality soccer balls and an air pump. Teams that fail to do so will not be given priority for Astro / Stadium fields.
 - ii. The home team will provide the soccer ball for first half and away team's soccer ball for second half. For the sake of courtesy, team that kicked the ball out of the field compound shall bring/return the ball back.
- xi. Submit match report details through footballpod.com within 48 hours after game.
 - i. Referee rating
 - ii. Pitch rating
 - iii. Yellow and red carded players
 - iv. Goal Scorers
- xii. Team managers and captains shall be the only point of contact to the organizing committee. GA Sports Club will not entertain any request / complaints from players.

10. First aid and medical coverage

- i. GA Sports Club will not be liable for any injury, loss, death or other damages incurred to the team or their players. All participating team shall be responsible for their first aid and medical coverage.
- ii. All team managers are fully aware and agree that no medical staff and insurance coverage will be provided at all competition/events organized by GA Sports club.

11. Supplementary rules

- i. No refunds shall be made to any individual or team in the event of walkover, disqualifications or withdrawal from tournament.
- ii. If there is a clash of jersey colors and both teams do not have a second choice jersey, the team listed second in the fixture will have to wear bibs provided by GA Sports Club.
- iii. The rules and regulations as depicted are current at the time of printing. GA Sports Club reserves the rights to add, delete and change the said rules and regulations at anytime without informing.

GA Sports Club reserves the right to change the rules and regulations from time-to-time and may do so at our own discretion without informing any parties beforehand.

Last updated: 03 Dec 2011